Abington Homeowners, Inc. d/b/a Abington Swim Club
7005 Avenbury Circle PO Box 141 Kernersville, NC 27284 Kernersville, NC 27285

Pool Rules and Regulations

A. General Pool Rules

1. All members and their guests use the pool at their own risk. Abington Swim Club Board, employees and/or its agents assume no responsibility for any accident or injury or damage to any person or their property resulting from such use.
2. Lifeguards are present during operating hours and special events for the safety of all. Follow their directions at all times.
3. Lifeguards and pool management staff have the authority to enforce all rules and regulations and are empowered to impose on-the-spot penalties as required. Serious and/or repeated violations will be reported to the Abington Swim Club Board of Directors and legal authorities for additional actions as deemed necessary.
4. All users of the pool must always conduct themselves in a courteous manner which will ensure the safety of other swimmers. **Absolutely no abusive language, excessive profanity, boisterous conduct, loud or offensive music or breach of peace will be tolerated.** A zero-tolerance policy has been adopted regarding abusive language or profanity directed towards any lifeguard on or off the stand, pool management staff member, or the Certified Pool Operator. Behavior in violation of this rule shall be subject to the elevated Discipline Procedures described in Section H, up to and including immediate and permanent revocation of membership.
5. Abington Swim Club and its agents are not responsible for articles brought into or left on premises by members and/or guest. Belongings left will be discarded weekly.
6. **Members are reminded that the Membership Agreement requires having your pass in your possession** when visiting the pool. Each member shall check in using their pool pass card at the beginning of each visit during regular operating hours. This includes leaving the parking lot and returning the same day.
7. No member is allowed to give their pass to any individual on another membership or to any non-member for check-in and/or entry to the pool area.
8. Each member has the responsibility to see that there is no littering or vandalism on pool property.
9. Members and guests are requested to drive no faster than 5 mph in the parking lot and no more than the posted speed limit throughout the community.
10. Bicycles shall be parked in bicycle racks only. They shall not be parked near the front doors or on the walkways.
11. Golf carts shall be parked in designated areas only.
12. Motorized vehicles other than golf carts shall be parked appropriately in the parking lot except when loading or unloading items on behalf of the Board of Directors or Swim Team. Members and guests should completely fill the parking lot before parking along the road. Members and guests shall respect the property of homeowners in the area near the pool.
13. All swimmers, including guest(s), shall wear swimsuits. Thong style bikini bottoms are not allowed. No cut-off jeans or slacks will be allowed in the pool.
14. All swimwear and toys shall be washed and/or cleaned appropriately if worn or used in a lake, beach, or

any freshwater source before returning to Abington Swim Club.

15. Water balloons are not allowed anywhere on pool property.

16. Any property of the pool broken or damaged by a member or guest shall be paid for promptly by such member. No person shall take any article belonging to the pool.

17. Swim diapers are REQUIRED for all children that are not potty trained. NO EXCEPTIONS!

B. Safety In and Around Pool Complex

1. The following items and activities are not allowed inside the fenced pool area or any building:

    a. Rough or boisterous conduct

    b. Running on or around the pool area

    c. Wrestling or horseplay

    d. Pushing or dunking of other swimmers

    e. Imitating a drowning person

    f. Bicycles, scooters, skates or skateboards

    g. Spitting or chewing gum

    h. Fireworks of any kind

    i. Leather or simulated leather sports balls of any kind

2. There will be a 10-minute rest period called at 10 minutes before every hour for all swimmers under 18 years of age. The 10-minute period will begin when ALL swimmers under 18 have left the water. It is the responsibility of the individuals in question to submit proof of age to the lifeguards.

3. Absolutely **NO GLASS** containers or breakable objects of any kind are allowed anywhere inside the fenced pool area. This includes the wading pool area and the pavilion. Individuals found with a glass object will be asked to leave. If the glass object is broken, you will be 100% financially responsible for draining and refilling the pool per Health Department policy.

4. No one other than authorized personnel shall be allowed on the lifeguard stands. There will be no unnecessary conversation with the lifeguards while they are on duty.

5. No swimming accessories such as “fins” will be allowed in the pool except when approved and under strict supervision by the pool staff/parents.

6. Alcoholic beverages or persons under the influence of any substance are not allowed on the premises.

7. Disorderly conduct is not allowed on the premises.

8. No lounge chairs will be allowed within five feet of the pool rim.

9. Flotation devices will be allowed in the pool (except in the diving area) based on pool occupancy as determined by the lifeguards. Small children must be accompanied by a parent or guardian who remain within an arm’s reach of the child.

10. Children under the age of 12 are not allowed at the pool unless in the care of a person at least 16 years of age.

11. Children ages 12 – 15 may come to the pool without an adult but may not bring guests or be accompanied by anyone under the age of 12, member or non-member.

12. The following areas of the property are restricted access:

    a. Concessions area, office area, storage rooms, pump / filter room, attic spaces, and controls for utilities and security system

13. The following individuals are the only people allowed to enter restricted access areas:

    a. Lifeguards, pool management employees, the Certified Pool Operator, Board Members, and individuals explicitly authorized by the Board of Directors

C. Diving Board Rules

1. When the entrance to the board is blocked, the lifeguard on duty has closed the board. Do not remove the barrier.
2. Only one person is allowed on the board at a time.
3. Only one person is allowed on the ladder at a time.
4. Only one bounce or spring is allowed.
5. Divers shall enter the water straight off the board, not toward the side.
6. Swimming in the diving area is NOT allowed when the board is in use.
7. All swimmers are responsible for exhibiting safe conduct on and around the board.
8. No flotation devices are allowed in the diving area or on the board.

D. Health Regulations

1. All persons are required to shower before entering the pool.
2. No loitering or playing around the bathrooms will be allowed.
3. All persons, especially children, are requested to make use of the toilet facilities before entering the pool. It is the responsibility of the parents to make their children aware of the bathroom facilities.
4. Persons with communicable diseases, skin abrasions, open sores, bandages, etc. are not allowed to use the pool and will be asked to leave.
5. Persons with diarrhea/vomiting should not be in the pool until symptoms are not present for 24 hours.
6. All injuries, no matter how minor, should be reported to the lifeguard on duty.
7. Food and drinks are not allowed closer than five feet from the pool.
8. There will be absolutely NO smoking, vaping, or use of smokeless tobacco products within the fenced perimeter or inside the buildings. Designated smoking areas are located in the parking lot.
9. Pets are not allowed inside the fenced pool area or buildings.

E. Wading Pool

1. The wading pool is for children six years of age and younger. Children seven years of age and older will not be allowed in the wading pool at any time.
2. Children aged six and under MUST have direct supervision by an adult, from within the wading pool area, at ALL times.
3. Adults permitting children less than six years of age to use the wading pool shall have full responsibility for the safety of their children. Lifeguards will not actively supervise this area.
4. Applicable rules listed under “Safety” and “Health” will be observed.

F. Guest Policies

1. Members may bring guests as frequently as they choose.
2. Each swimming guest must pay a $6 guest fee.
3. Each non-swimming guest must pay a $3 guest fee.
4. Alternatively, a member may choose to use a guest pass on their account in lieu of either #2 or #3 listed above. Swimming and non-swimming guests each count as one pass. Additional sets of 20 guest guest passes may be purchased for $90 per set..
5. All guests must wear a wristband during their time at Abington Swim Club valid for that day only. Any guest not wearing a wristband will be required to leave immediately.
6. All guests are required to sign in prior to entry and must be accompanied by a member.
7. No guest will be admitted unless with a pool member who is 16 years of age or older. 8.
8. Members are responsible for the actions of and/or any damage done by their guest.
9. Responsible non-family members (babysitters) are allowed admittance when accompanied by member in

good standing. See age requirements listed in Section B.

10. Guest passes are not transferable and expire at the end of each pool season.

G. Cooler Policy

1. This policy shall apply to any cooler, insulated bag, etc. not provided by the Board of Directors or the Swim Team, regardless of configuration or capacity. Diaper bags and coolers used during a facility rental or swim meet are exempt from this policy.
2. Coolers with a capacity of more than 16 quarts (external dimensions approximately 12”x14”x14”) are not allowed.
3. Coolers are subject to inspection at any time by a lifeguard, pool management staff, or member of the Board of Directors.

H. Discipline Procedures

1. Abusive language or profanity directed towards any lifeguard on or off a stand, pool management staff member, or the Certified Pool Operator is subject to elevated discipline per the following progressive steps, regardless of the age of the offender:
    a. At the first offense, the offender and all members and guests in attendance with the offender will be required to leave the property immediately. The membership associated with the offender shall be immediately suspended in its entirety for two weeks. Individuals on suspended memberships are not eligible to attend any Abington Swim Club function as a member or guest (e.g., home or away swim meets), or any other event held on the property.
    b. At the second offense, the offender’s membership shall be suspended in its entirety for the remainder of the season. Individuals on suspended members are not eligible to attend any Abington Swim Club function as a member or guest (e.g., home or away swim meets), or any other event held on the property. Consideration for renewal the following season will be at the discretion of the Board of Directors.
2. Violations of other rules listed in this document are subject to the following progressive steps:
    a. Verbal warning of rule or infraction.
    b. Children (Age 15 and below):
        i. At the first offense, the offender shall be given a verbal warning.
        ii. If a second offense by the same child should occur, the lifeguard shall call the child’s parents and the child must leave for the remainder of the day. This offense will also be reported to the pool board.
        iii. Should a third offense occur, the child shall be suspended from the pool for a period of seven days.
        iv. If four offenses by the same child have occurred, the lifeguard shall make a full report of the case to the pool authorities and the matter will be brought before the Board of Directors.
    c. Adults (Age 16 and up):
        i. At the first offense, the offender will be given a verbal warning.
        ii. If a second offense by the same adult should occur, a lifeguard on duty or Board member shall ask the offender to leave the premises for the remainder of the day. This offense will also be reported to the Board of Directors.
        iii. Should a third offense occur, the adult shall be suspended from the pool for a period of seven days.
        iv. If four offenses by the same adult have occurred, the lifeguard shall make a full report of the case to the pool authorities and the matter will be brought before the Board of Directors.
3. Any member may be suspended or expelled for each or any of the following at the discretion of the Board

of Directors:

a. Misuse of the pool or facilities

b. Violation of the rules and regulations of the pool

c. Conduct unbecoming a lady or gentleman

d. Nonpayment of dues

e. Violation of membership terms

No dues or fees will be refunded to any member or guest for suspension or expulsion.